

Event Calendar

September 2025

01 — Monday

9:00AM — 5:00PM 2025 UniSport Nationals Accommodation and Uniform Package
Represent the University of Adelaide at the 2024 UniSport Nationals!
9:00AM — 5:00PM 2025 UniSport Nationals Accommodation and Uniform Package - Basketball balances
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12:00 — 14:00 Monday Power Hour
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16:15 — 17:15 FREE Come & Try Fitness: Introduction to Gym Training Session (Students Only) **05 — Friday**9:00AM — 5:00PM 2025 UniSport Nationals Accommodation and Uniform Package

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08:00 — 09:00 FREE Come & Try Fitness: Yin Yoga Session (Students Only)
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6:00PM — 10:00PM CANCELLED: AU Sport Quiz Night
AU Sport Quiz Night - Fundraiser for our UniNationals team going to Canberra!

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09:30 - 16:00 Waatu Wednesdays - UBL Match Days

13:30 - 14:30 Nutrition Workshop - Fuelling for a day's play!

Athlete Education Series #3 (Nutrition) - How to fuel for a day's competition! The workshop facilitated by Kwame Duah qualified nutritionist and personal trainer will educate athletes on strategies to fuel yourself for a day's competition and recovery.

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No events

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No events

28 — Sunday

No events

29 — Monday

9:00AM — 5:00PM Spring School Holiday Program 2025

School holidays are just around the corner and that means...entertaining the kids!

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11 — Saturday

No events

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12:00 - 14:00 Monday Power Hour

4:00PM — 4:00PM AUSF High School Strength & Conditioning Rowing Program

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12:00PM — 2:00PM Sports Week + VC Cup 2025

Sports Week is a fun, high-energy interfaculty competition bringing together students and staff across the University of Adelaide. Each day features a new team activity, with teams competing for the Sports Week shield and the Vice Chancellor's trophy.

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6:00PM - 7:30PM 2025 AUSF AGM and Sports Council #3

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7:00PM — 11:00PM 117th Annual Blues Awards

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Adelaide University Sport and Fitness, School Rowing Strength and Conditioning Program is calling for registrations from Adelaide High Rowing Program students to participate in the program beginning Term 4, 2025.

14 — Sunday

4:00PM — 4:00PM AUSF High School Strength & Conditioning Rowing Program

Adelaide University Sport and Fitness, School Rowing Strength and Conditioning Program is calling for registrations from Adelaide High Rowing Program students to participate in the program beginning Term 4, 2025.

15 — Monday

4:00PM — 4:00PM AUSF High School Strength & Conditioning Rowing Program

Adelaide University Sport and Fitness, School Rowing Strength and Conditioning Program is calling for registrations from Adelaide High Rowing Program students to participate in the program beginning Term 4, 2025.

16 — Tuesday

 $4{:}00\text{PM}-4{:}00\text{PM}$ AUSF High School Strength & Conditioning Rowing Program

Adelaide University Sport and Fitness, School Rowing Strength and Conditioning Program is calling for registrations from Adelaide High Rowing Program students to participate in the program beginning Term 4, 2025.

17 — Wednesday

4:00PM — 4:00PM AUSF High School Strength & Conditioning Rowing Program

Adelaide University Sport and Fitness, School Rowing Strength and Conditioning Program is calling for registrations from Adelaide High Rowing Program students to participate in the program beginning Term 4, 2025.

18 — Thursday

4:00PM — 4:00PM AUSF High School Strength & Conditioning Rowing Program

Adelaide University Sport and Fitness, School Rowing Strength and Conditioning Program is calling for registrations from Adelaide High Rowing Program students to participate in the program beginning Term 4, 2025.

19 — Friday

4:00PM — 4:00PM AUSF High School Strength & Conditioning Rowing Program

Adelaide University Sport and Fitness, School Rowing Strength and Conditioning Program is calling for registrations from Adelaide High Rowing Program students to participate in the program beginning Term 4, 2025.

20 — Saturday

No events

21 — Sunday

No events

22 — Monday

No events

23 — Tuesday

No events

24 — Wednesday

No events

25 — Thursday

No events

26 — Friday

No events

27 — Saturday

No events

28 — Sunday

No events

29 — Monday

No events

30 — Tuesday

No events

31 — Wednesday

No events