



Event Calendar

October 2025

01 — Wednesday

9:00AM — 5:00PM Spring School Holiday Program 2025

School holidays are just around the corner and that means...entertaining the kids!

02 — Thursday

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13:00 — 14:00 FREE Come & Try Fitness: Mat Pilates Session (Students Only)

16:15 — 17:15 FREE Come & Try Fitness: Introduction to Gym Training Session (Students Only)

03 — Friday

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16:15 — 17:15 FREE Come & Try Fitness: Meditation & Unwind Session (Students Only)

04 — Saturday

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12:00 — 13:00 FREE Come & Try Fitness: Stretch & Move Session (Students Only)

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11 — Saturday

No events

12 — Sunday

No events

13 — Monday

08:00 — 09:00 FREE Come & Try Fitness: Yin Yoga Session (Students Only)

12:00 — 14:00 Monday Power Hour

4:15PM — 4:00PM AUSF High School Strength & Conditioning Rowing Program

Adelaide University Sport and Fitness, School Rowing Strength and Conditioning Program is calling for registrations from Adelaide High Rowing Program students to participate in the program beginning Term 4, 2025.

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20 — Monday

08:00 — 09:00 FREE Come & Try Fitness: Yin Yoga Session (Students Only)

12:00PM — 2:00PM Sports Week + VC Cup 2025

Sports Week is a fun, high-energy interfaculty competition bringing together students and staff across the University of Adelaide. Each day features a new team activity, with teams competing for the Sports Week shield and the Vice Chancellor's trophy.

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6:00PM — 7:30PM 2025 AUSF AGM and Sports Council #3

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November 2025

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7:00PM — 11:00PM 117th Annual Blues Awards

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27 — Saturday

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29 — Monday

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30 — Tuesday

No events

31 — Wednesday

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